



1150	ulii Race	1815 m	Small route of A plus B and C
1200	Senior Junior Vet men	9814 m	ABCD ABCD ABCD
1202	ulii Girls	3180 m	ABD
1207	ulii Boys	3180 m	ABD
1235	Senior Junior Vet Women	5730	ABC ABCD
1250	Youths	5709 m	ABC ABCD
1310	ulii Women	4697 m	A ABCD
1315	ulii Boys	4697 m	A ABCD
1320	ulii Girls	3580 m	ABCD

ROUTE FOR ULII AGE GROUP

START

FINISH

CLUB HOUSE

REGISTRATION | TOILETS | REFRESHMENTS

FIRST AID - BRITISH RED CROSS

MARSHALS - LOUTH AC