

Anglian Schools T&F Championships – Grantham – 19th June 2010

Track Timetable

11.30	T1	SB	400m Hurdles(91.5cm)	CSLNCSLN
11.35	T2	IB	400m Hurdles(84cm)	CLNSCLNS
11.40	T3	SG	400m Hurdles(76cm)	LNSCLNSC
11.45	T4	IG	300m Hurdles(76cm)	NSCLNSCL
11.55	T5	SB	1500m	SCNLSCNL
12.05	T6	IB	1500m	CSLNCSLN
12.15	T7	SG	1500m	CLNSCLNS
12.25	T8	IG	1500m	LNSCLNSC
12.35	T9	JB	100m	NSCLNSCL
12.39	T10	IB	100m	SCNLSCNL
12.43	T11	SB	100m	CSLNCSLN
12.47	T12	JG	100m	LNSCLNSC
12.51	T13	IG	100m	NSCLNSCL
12.55	T14	SG	100m	SCLNSCLN
1.00	T15	JB	400m	NSCLNSCL
1.05	T16	IB	400m	CLNSCLNS
1.10	T17	SB	400m	LNSCLNSC
1.15	T18	SG	400m	NSCLNSCL
1.20	T19	IG	300m	SCLNSCLN
1.30	T20	JB	1500m	CSLNCSLN
1.40	T21	JG	1500m	LNSCLNSC
1.55	T22	JG	75m Hurdles(76cm)	CLNSCLNS
2.05	T23	IG	80m Hurdles(76cm)	LNSCLNSC
2.10	T24	JB	80m Hurdles(84cm)	NSCLNSCL
2.20	T25	SG	100m Hurdles(84cm)	SCLNSCLN
2.25	T26	IB	100m Hurdles(91.5cm)	CLNSCLNS
2.30	T27	SB	110m Hurdles(99cm)	LNSCLNSC
2.40	T28/T29	SB/IB	3000m	SLNCSLNC
2.55	T30/T31	SG/IG	3000m	CLNSCLNS
3.15	T32		JB 200m	LNSCLNSC
3.19	T33		IB 200m	NSCLNSCL
3.23	T34		SB 200m	SCLNSCLN
3.27	T35		JG 200m	LSCNLSCN
3.31	T36		IG 200m	CLNSCLNS
3.35	T37		SG 200m	LNSCLNSC
3.45	T38		JG 800m	NSCLNSCL
3.50	T39		JB 800m	CLNSCLNS
3.55	T40		SB 800m	SCLNSCLN
4.00	T41		IB 800m	NCSLNCSL
4.05	T42		SG 800m	LNSCLNSC
4.10	T43		IG 800m	CLNSCLNS
4.20	T44		SB 2000m Steeplechase	NSLCNSLC
4.30	T45		IB 1500m Steeplechase	CLNSCLNS
4.40	T46		JG100m Relay	CLNS
4.45	T47		IG 100m Relay	LNSC
4.50	T48		SG 100m Relay	NSCL
4.55	T49		JB 100m Relay	SCLN
5.00	T50		IB 100m Relay	CLNS
5.05	T51		SB 100m Relay	LNSC

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Field Timetable

11.00	F1	Hammer	SB IB JB SG IG	Lincs A
11.30	F2	High Jump	SG IG	Norfolk
	F3	Shot Putt	SG IG	Cambs
	F4	Long Jump	JB	Lincs B
	F5	Triple Jump	SG IG	Suffolk
	F6	Pole Vault	All ages	Lincs C
12.30	F6	Discus	SB	Lincs A
	F7	Javelin	IB	Suffolk
	F8	High Jump	JB	Norfolk
	F9	Shot Putt	JG	Cambs
	F10	Triple Jump	SB	Lincs B
1.30	F11	Discus	JG	Norfolk
	F12	Javelin	SB	Suffolk
	F13	High Jump	IB	Lincs B
	F14	Shot Putt	JB	Cambs
	F15	Long Jump	SB	Lincs C
2.30	F16	Discus	SG IG	Lincs B
	F17	Javelin	JG	Suffolk
	F18	High Jump	JG	Norfolk
	F19	Shot Putt	IB	Cambs
	F20	Long Jump	IB	Lincs C
3.30	F21	Discus	IB	Lincs B
	F22	Javelin	JB	Suffolk
	F23	High Jump	SB	Norfolk
	F24	Long Jump	JG	Lincs C
	F25	Triple Jump	IB	Cambs
4.30	F26	Discus	JB	Lincs A
	F27	Javelin	SG IG	Suffolk
	F28	Triple Jump	JB	Norfolk
	F29	Shot Putt	SB	Cambs
	F30	Long Jump	SG IG	Lincs C

- NB The opening heights for the high jump will be decided by the field referee on the day. Implements belonging to athletes must be checked by the field referee before they are used in competition.
- Under Anglian Schools rules all athletes in field events will be given four trials in the competition.
- Athletes should report to the field event area 10 minutes before the stated time.