

# COUNTY UNDER 11 SPORTSHALL ATHLETICS TRIALS

The **UNDER 11 (School years 5 and 6) County Sports:hall Athletics Team Trials** are to be held:

**Venue:** Mere's Leisure Centre, Grantham, NG31 7XQ



**Date:** Sunday 18<sup>th</sup> October 2009

**Time:** 10.30am till 12.45pm

**Cost:** £1.50 per athlete



**Events include:** Obstacle relay, Hurdles and lap relays, Chest push, Soft Javelin, Sitting throw, Speed bounce, Standing long jump, Standing triple jump, Vertical jump.

12 Girls and 12 boys will be selected to represent Lincolnshire at the East Midland Finals of the Sportshall Athletics Competition at The Meres Leisure Centre, Grantham on **Sunday 15th November 2009 12.30-4.30pm.**

If you wish to attend the trials to be considered for the Under 11 County Team please email or text or call with your name, age, date of birth, address and contact number to Mary Johnson [ac.johnson@tiscali.co.uk](mailto:ac.johnson@tiscali.co.uk) or 01778 441146 or mobile 07545456755 **BEFORE FRIDAY 16<sup>TH</sup> OCTOBER.**

