

Lincolnshire County Track & Field Championships 2009

Saturday 9th May 2009 – Track & Field Programme

11.30	300m H	U17W	Final			
11.35	400m H	U20W	Final			
11.40	400m H	U20M)	Final			
11.40	400m H	VetM)	Final			
11.50	100m	U13G	Heat 1			
	100m	U13G	Heat 2			
12.00	100m	U13G	Heat 1	11.30	Pole Vault	(U17W & U17M (U20W & U20M (& VetW & VetM
	100m	U13G	Heat 2			U13G & U13B
12.15	100m	U15G	Heat 1		Discus	U13B
	100m	U15G	Heat 2		Long Jump	U17W, U20W & SenW
	100m	U15G	Heat 3		Triple Jump	U17W, U20W, SenW & VetW
12.25	100m	U15B	Heat 1		Shot	
	100m	U15B	Heat 2			
	100m	U15B	Heat 3			
12.40	100m	U17W	Heat 1			
	100m	U17W	Heat 2			
12.55	100m	U17M	Final			
1.05	100m	U20W)	Final			
	100m	VetW)	Final			
1.15	100m	U20M	Heat 1	12.45	Long Jump	U13G
	100m	U20M	Heat 2		Javelin	U17M, U20M & VetM
1.25	100m	SenM)	Final		High Jump	U15B
	100m	VetM)	Final		Shot	U15G
1.35	400m	U15B	Heat 1			
	400m	U15B	Heat 2			
1.45	400m	U17M	Final			
1.50	400m	U20M)	Final			
	400m	SenM)	Final			
	400m	VetM)	Final			
2.00	300m	U17W	Heat 1			
	300m	U17W	Heat 2			
2.05	400m	U20W)	Final	2.00	Discus	U20W, SenW & VetW
	400m	SenW)	Final		Javelin	U15B
	400m	VetW)	Final		High Jump	U17M
2.15	1500m	U13G	Final		Long Jump	U15G
2.25	1500m	U13B	Final			
2.30	1500m	U15G	Final			
2.40	1500m	U15B	Final			
2.50	1500m	U17W	Final			
3.00	1500m	U17M	Final			
3.10	1500m	U20W)	Final			
	1500m	SenW)	Final			
	1500m	VetW)	Final	3.15	Discus	U15G & U17W
3.10	1500m	U20M	Final		Shot	U17M
3.20	1500m	SenM	Final		High Jump	U20M & VetM
3.30	1500m	VetM	Final		Long Jump	U15B
3.40	100m	U13G	Final		Javelin	U13B & U13G
3.45	100m	U13B	Final			
3.50	100m	U15G	Final			
3.55	100m	U15B	Final			
4.00	100m	U17W	Final			
4.05	100m	U20M	Final			
4.15	1500m S/C	U17M	Final			
4.25	2000m S/C	U20M	Final			
4.35	3000m S/C	VetM	Final			
4.55	4x100m Relay	U13G)	Final			
	4x100m Relay	U15G)	Final			
5.05	4x100m Relay	U13B)	Final			
	4x100m Relay	U15B)	Final			
5.15	4x100m Relay	U17W	Final			
5.20	4x100m Relay	U17M)	Final			
	4x100m Relay	U20M)	Final			
	4x100m Relay	VetM	Final			
5.25	400m	U15B	Final			

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Sunday 10th May 2009 – Track & Field Programme

11.30	70m H	U13G	Final	11.30	Hammer	All
11.40	75m H	U13B	Final		Long Jump	U17W
11.45	75m H	U15G	Final		Triple Jump	U15B & U17M
11.50	80m H	U17W	Final		High Jump	U13G & U15G
12.00	80m H	U15B	Final			
12.10	100m H	U20W)	Final			
	100m H	SenW)	Final			
12.20	100m H	U17M	Final			
12.30	110m H	U20M	Final			
12.40	800m	U13G	Final	12.45	Long Jump	U20W, SenW & VetW
12.50	800m	U13B	Final		Triple Jump	U20M, SenM & VetM
12.55	800m	U15G	Heat 1		Shot	U13G
	800m	U15G	Heat 2			
1.05	800m	U15B	Heat 1	1.15	High Jump	U17W, U20W & SenW
	800m	U15B	Heat 2			
1.15	800m	U17W	Final			
1.20	800m	U17M	Final			
1.25	800m	U20W)	Final			
	800m	SenW)	Final			
1.30	800m	U20M	Final			
1.35	800m	SenM	Final			
1.40	800m	VetM	Final			
1.50	200m	U13G	Heat 1	2.00	Discus	U20M, SenM & VetM
	200m	U13G	Heat 2		Javelin	U15G & U17W
2.00	200m	U13B	Heat 1		Long Jump	U20M, SenM & VetM
	200m	U13B	Heat 2		Shot	U13B & U15B
2.10	200m	U15G	Heat 1			
	200m	U15G	Heat 2			
	200m	U15G	Heat 3			
2.20	200m	U15B	Heat 1			
	200m	U15B	Heat 2			
	200m	U15B	Heat 3			
2.30	200m	U17W	Final			
2.35	200m	U17M	Final			
2.40	200m	U20W)	Final			
	200m	SenW)	Final			
	200m	VetW)	Final			
2.45	200m	U20M	Heat 1			
	200m	U20M	Heat 2			
2.55	200m	SenM)	Final			
	200m	VetM)	Final			
3.00	3000m	U15G)	Final			
	3000m	U17W)	Final			
	3000m	SenW)	Final			
	3000m	VetW)	Final	3.15	Javelin	U20W & SenW
3.15	3000m	U15B)	Final		Long Jump	U17M
	3000m	U17M)	Final		Shot	U20M, SenM & VetM
3.30	5000m	U20M)	Final		Discus	U15B & U17M
	5000m	SenM)	Final			
	5000m	VetM)	Final			
4.10	200m	U13B	Final			
4.15	200m	U13G	Final			
4.20	200m	U15G	Final			
4.25	200m	U15B	Final			
4.30	200m	U20M	Final			
4.40	4x400m Relay	U15B	Final			
	4x400m Relay	U17M	Final			
	4x400m Relay	U20W	Final			
	4x400m Relay	U20M	Final			
	4x400m Relay	SenM	Final			
	4x400m relay	VetM	Final			
4.50	800m	U15G	Final			
4.55	800m	U15B	Final			