

# Lincolnshire Track & Field League

Matches 1 & 3 April 13<sup>th</sup> & July 13<sup>th</sup> 2008

## Track Programme

**ALL Hurdlers need to report to the Marksman 30mins before the 1<sup>st</sup> race**

**All other competitors need to report 10mins before the time stated**

11.30	70mH U/13 Girls
11.35	1500m U/13 Boys
11.45	75mH U/13Boys, U/15 Girls
11.50	1500m U/13 Girls
12.00	80mH U/17 Women, U/15 Boys
12.05	1500m U/15 Girls
12.15	100mH U/20/Sen/Vet Women, U/17Men
12.20	1500m U/15 Boys
12.30	110mH U/20, Sen/Vet Men
12.45	4 x 100m U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys
1.00	4 x 100m U/17 Women, U/17 Men, U/20 Men & Women, Sen/Vet M & W
1.20	1500m U/17 Women, U/20 Women, Sen/Vet Women
1.30	1500m U/17 Men, U/20 Men, Sen/Vet Men
1.40	300m U/17 Women
1.45	400m U/17 Men, U/20 Men
1.50	400m U/20 Women, Sen/Vet Women
1.55	400m Sen/Vet Men
2.00	80m U/11 Girls, U/11 Boys
2.10	100m U/13 Girls, U/13 Boys
2.25	100m U/15 Girls, U/15 Boys
2.35	100m U/17 Women, U/20 Women, Sen/Vet Women
2.50	100m U/17 Men, U/20 Men, Sen/Vet Men
3.05	600m U/11 Girls, U/11 Boys
3.15	3000m U/15 Girls, U/15 Boys
3.30	3000m U/17/U/20/Sen/Vet Men & Women
3.50	200m U/13 Girls, U/13 Boys
4.05	200m U/15 Girls, U/15 Boys
4.20	200m U/17 Women, U/20 Women, Sen/Vet Women
4.30	200m U/17 Men, U/20 Men, Sen/Vet Men
4.45	* 800m U/13 Girls, U/13 Boys
5.00	800m U/15 Girls, U/15 Boys
5.15	800m U/17 Women, U/20 Women, Sen/Vet Women
5.25	800m U/17 Men, U/20 Men, Sen/Vet Men

**\*Match 3 Lincs. U/13B & U/13G Triathlon Championships**