

# SPORTSHALL ATHLETICS

ENTRIES ARE INVITED FOR THE LINCS  
UNDER 13 AND UNDER 15 BOYS AND GIRLS  
SPORTSHALL ATHLETICS TRIALS  
AT GRANTHAM  
ON SUNDAY DECEMBER 7<sup>TH</sup> 2008  
11-00A.M. START  
FINISH APPROX 4-00 P.M.  
ENTRY FEE : £1.50 PER ATHLETE

UNDER 13 MULTI EVENT CHALLENGE  
FOR BOYS AND GIRLS AGED 11 AND UNDER 13 AT MIDNIGHT  
AUGUST 31<sup>ST</sup>/ SEPTEMBER 1<sup>ST</sup> 2008

2 LAPS ,4LAPS AND 6 LAPS RACES; STANDING LONG AND TRIPLE JUMPS;  
HIGH JUMP AND VERTICAL JUMP; SHOT PUTT AND SPEED BOUNCE.  
PLUS RELAY EVENTS (TEAMS ORGANISED ON THE DAY)

UNDER 15 ALL ROUNDER MULTI EVENT  
CHALLENGE

FOR BOYS AND GIRLS AGED 13 AND UNDER 15 AT MIDNIGHT  
AUGUST 31<sup>ST</sup>/ SEPTEMBER 1<sup>ST</sup>. 2008

2 LAP AND 4 LAP RACES ; STANDING LONG JUMP, SPEED BOUNCE,  
SHOT PUTT, STANDING TRIPLE JUMP (BOYS), VERTICAL JUMP (GIRLS).  
PLUS RELAYS (TEAMS MADE UP ON THE DAY)

ENTRIES ON THE ENTRY FORM TOGETHER  
WITH ENTRY FEES SHOULD BE SENT TO  
MRS. B. CLAY, 7 FENLAND WALK,  
HOLBEACH, SPALDING, LINCS. PE12 7NS  
TO ARRIVE ON OR BEFORE  
WEDNESDAY NOVEMBER 26<sup>TH</sup> 2008

\*\*\*\*\*LATE ENTRIES WILL NOT BE ACCEPTED\*\*\*\*\*