

LINCOLNSHIRE ATHLETICS ASSOCIATION

LINCOLNSHIRE CROSS COUNTRY LEAGUE

Sunday 26th October 2008

MATCH 1

RAF Cranwell

Race

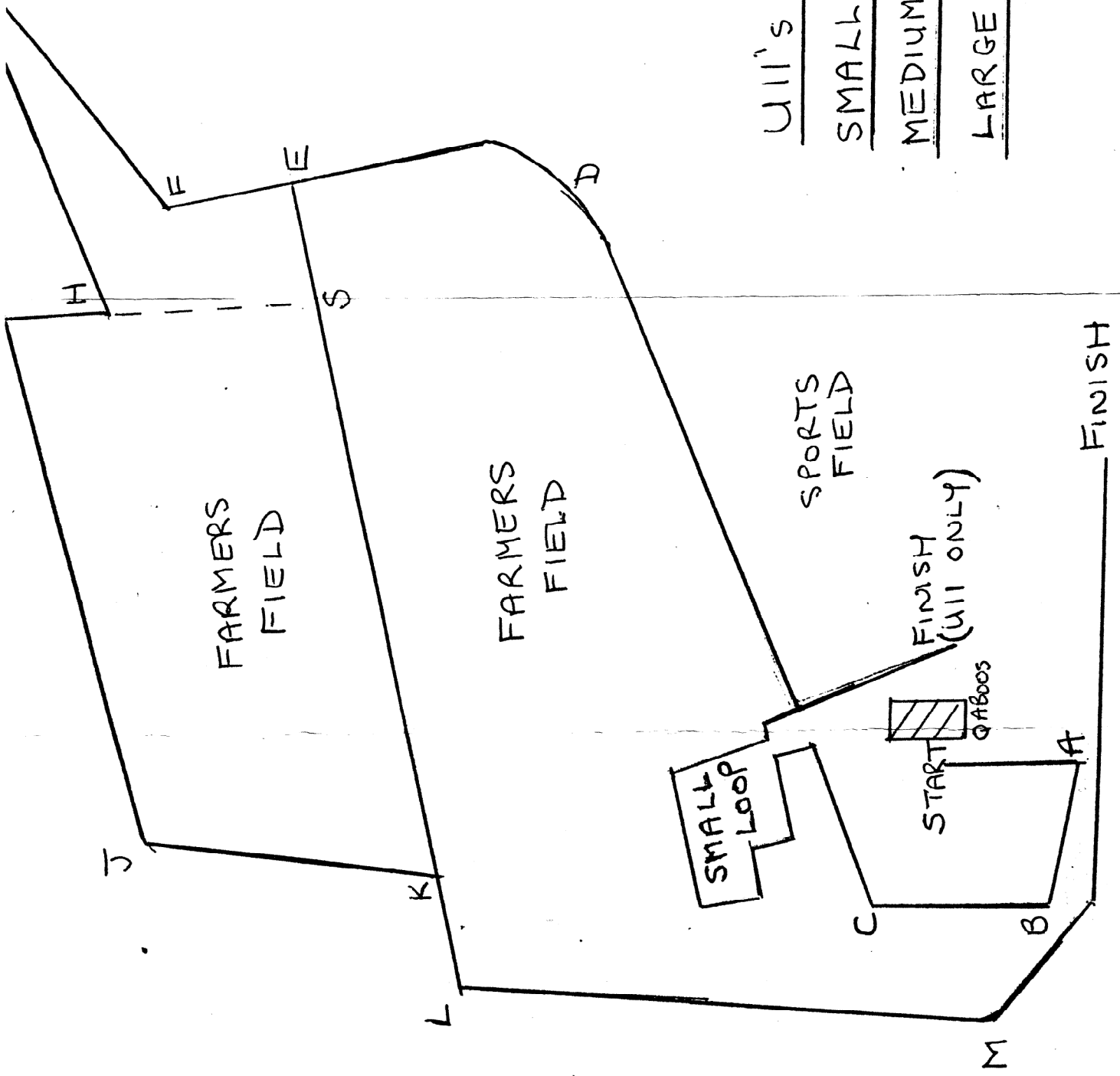
1.	11.50	U11 boys and girls	ABC+1 SMALL LOOP	1700m
2.	12.00	U13 girls	1 SHORT LAP	3220m
3.	12.05	U13 boys	1 SHORT LAP	3220m
4.	12.30	U20/sen/vet/men	2 LARGE LAPS	9200m
5.	12.45	U15 girls	1 SHORT LAP	3220m
6.	13.00	U15 boys	1 MEDIUM LAP	4340m
7.	13.15	U17 women	1 MEDIUM LAP	4340m
8.	13.25	U17 men	1 LARGE LAP	4600m
9.	13.35	U20/sen/vet/women	1 LARGE LAP	4600m

Start and finish will be at the Qaboos Pavilion

Please park cars in designated car park

Please keep off pitches and sown lands

NO DOGS ALLOWED



U11'S ONLY ABC+SMALL LOOP

SMALL LAP ABCDESKLM

MEDIUM LAP ABCDEFGHSKLM

LARGE LAP ABCDEFGHIJKLM