

Heckington 10



in association with



Sleaford Town Runners

Flat fast course
Under UKA Rules
Permit No: **7699**

Saturday 26th July 2008

Heckington Showground, Heckington
near Sleaford, Lincolnshire.

Race memento &
goodie bag to all
finishers

2 lap 10 mile road race run on a combination of Village and open roads,
starting and finishing in the Heckington Show Showground.

For further Show information visit: www.heckingtonshow.org.uk

Commencing at **11.00am**

Entry fees: £8 Affiliated / £10 Unattached

Entry restricted to 200 ~ Please enter early

Runners must be 18yrs or over

No entries on the day ~ Closing date: Saturday 19th July 2008.

Extensive Prizes ~ including Ladies & Men's Team Trophy

First three runners to count per team.

Surname:	Forename:	Male / Female
Address:		
		Postcode:
Tel No:	Email:	
Date of Birth:	Age on race day:	
Affiliated Club:	Entry fee enclosed: £	

Please make cheques payable to "**Heckington and District Agricultural Society**" and return to
"Heckington 10", 77 Westbanks, Sleaford, Lincolnshire NG34 7QQ

Information packs will be mailed to runners approximately one week prior to the event taking place.
Any queries to: contact@sleafordtownrunners.com

I confirm that I am an amateur and agree to abide by the UK Athletics rules where appropriate and certify that I am over 18yrs of age and medically fit to run in this event. Furthermore I agree that the organisers will in no way be held responsible for any injury, loss or illness incurred to my person during or as a result of this event.

Signed.....

Date..... 2008

Visit www.sleafordtownrunners.com
for full race results.

**THE
LINCOLNSHIRE
RUNNER**

