

Lincolnshire Sports Partnership

Athletics Coach Development Day

9.30am – 3.45pm

Saturday April 22

Princess Royal Sports Arena, Boston

Timetable: -

9.30 – 10.25am : Workshop with Bruce Longden
(Coaching Athletes at all Levels)

10.25am – 12.10pm : Practical Event Workshop 1 & 2
(Hurdles, High Jump, Javelin)

1pm – 1.45pm : Workshop 2
(Competition Experiences at all levels including drug testing)

1.45pm – 2.15pm : Open Discussion and Questions

2.30pm – 3.30pm : Practical Event Workshop 3
(Hurdles, High Jump, Javelin)

£10 per person – Qualified Lincs Athletics Coaches
£15 per person – Non Qualified/ Non Lincs Coaches

Limited places available – book now!!

Tickets available from Julia White, Lincolnshire Sports Partnership
01526 833536 / julia.white@lincolnshiresports.co.uk

